



FREE COUPLES THERAPY GROUP

This free group is designed for couples who love each other and want more from their relationship. It is ideal for those in long-term committed relationships whether living together or separately, married or unmarried. This group is dedicated to strengthening the love between both partners, developing key skills for effective communication, increasing fun and happiness, and helping couples connect and grow—together.



The group is lead by Dr. Ben Culhane, a licensed psychologist who specializes in working with couples. He has earned his masters degree in education and doctorate degree in psychology. His private practice is in Newport Beach. For more information call or visit his website.

Do you feel stuck in your relationship?

Are you arguing more than you are connecting?

Are you having trouble communicating?

If the answer to any of these questions is YES, and you want to improve your relationship, a couples group might be what you're looking for.

Join us. Space is limited to four couples. Call for availability.

WHERE:
Newport Beach

WHEN:
Tuesdays from 6:30 pm to 7:30 pm

Phone: 909-285-4263
Website: drbenculhane.com